





Walter spitting at the edges of the pan

Breath unit: limescale building at the edges of the pan

Breath unit: steam rising from the pan

Water reducing in the pan

Breath unit:

Gas ring under the pan from the pan/ of the pan/ in the pan / inside the pan/ outside the pan/ around the pan/ passing through the pan/ passing inside the pan/ passing outside the pan/ the passing from the pan/ the passing from the

pan

Refuge

Breath unit

caravan

steam passing by my face passing by my ears passing by my passing by my nose passing by my cheeks passing by my chin

Breath unit

Steam passing by my face passing by the years passing by my hand passing by my nose passing by my cheeks passing by my chin

Breath unit

Steam passing by my face passing by my ears passing by my hand passing by my nose passing by my cheeks passing by my chin

Breath unit Russian new
Breath unit steam passing by my face passing by passing by my cheeks passing by my chin

Breath unit how does steam relate to aaryan's? on me? If passed from liquid to vapour: it's body and my ears its passing steam passing by passing is passing by my cheeks passing by

Breath unit: breath unit:

Breath unit boiling water in a saucepan breath ironising process is: cosmic Rays coming on Lines

Just passing by my cheeks passing diamond chin



my ears passing by my hand passing by my nose

What is the physical and mental effect it's having passed. Is passing by my face passing by my my face passing by my ears passing by my munch in

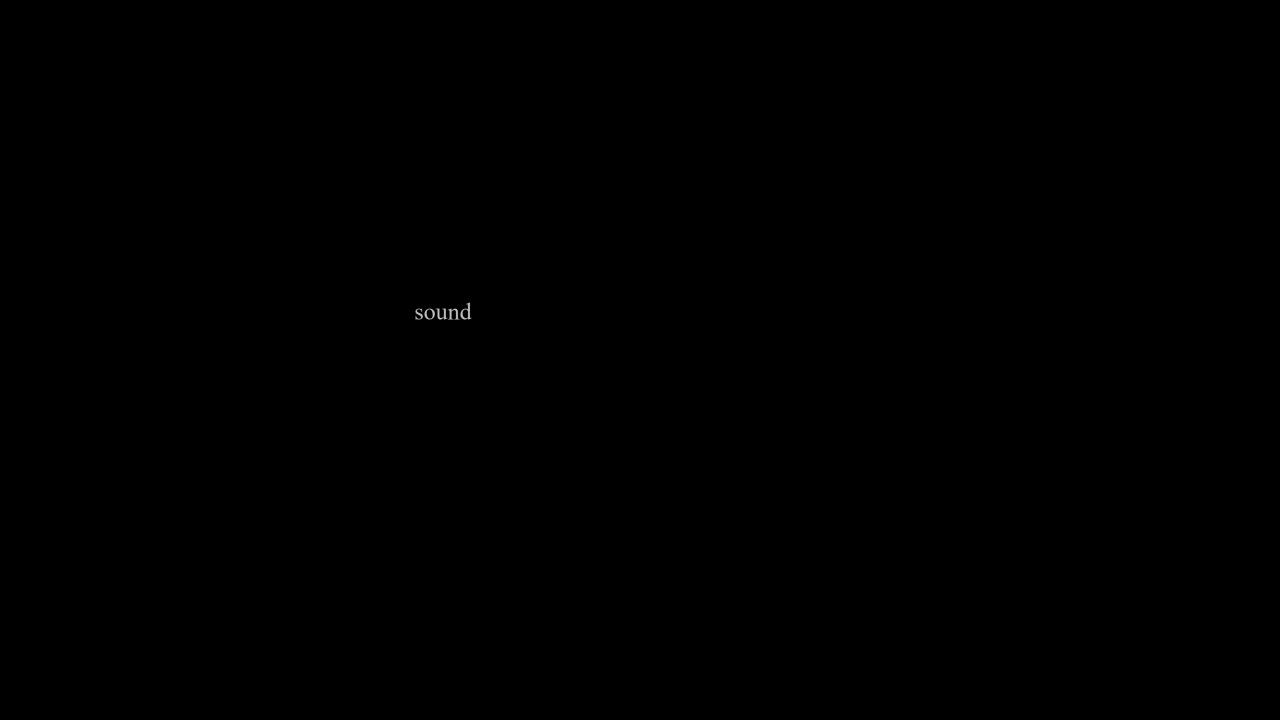
unit knew line positive and negative ions steam passing by my

cosmic rays bring an energy particles





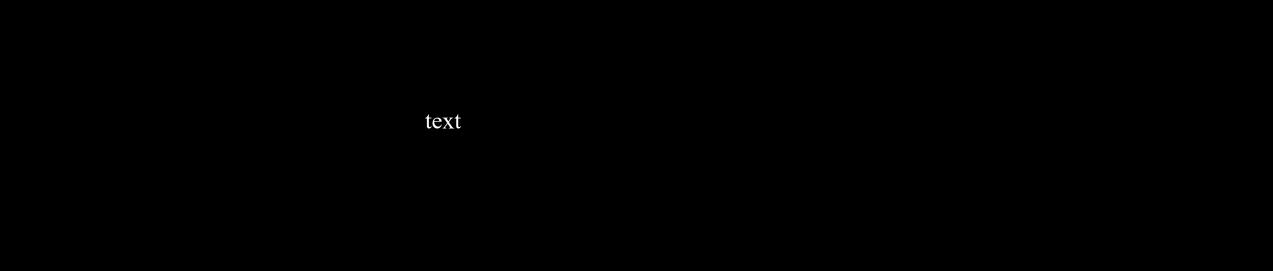
A chaplain once said to me to not make work about myself. HE said if I mixed up my 'work' and my 'life', it would leave me open to pain. I wonder aloud to him if that was even possible. HE struggled to respond. and took He reached the saucepan from a series of hooks that hung from black metal pole on the white wall. When the hook was free from the pan, it swung and hit the wall with a Satisfying Clunk HE reached and took the sauce pan from a series of hooks on a horizontal black pole suspended from his white kitchen wall. When the hook was free from the weight of the stainless steel pan, the hook swung back and hit the wall with a satisfying CLUNK just be steaming up //// filming it a night in the morning at dawn or dusk // boiling water in a pan reducing pass pass pass. - windows just me this is passing be me just be this passes this is passing it's interesting in making a work about becoming more present, by filming water boiling, that I felt so impatient. I felt I wanted the work to exist straight away and was annoyed that be quiet. I was focused on pre-living the future. I was focused on the has passed and will hurry. I was hurrying. pass again I want the work to make me calm and feel present, but it did the opposite. I was overly conscious my my creaking foot and foot this passes steps. remember that I had to practiced being mindful. So in a sense, it was self-fulfilling - - - - - it made me practice my breathing. Accepting the present remember this state. passes passes passes fell present, feel present fell into the passing, this passing pass pass pass pass pass pass pass



selected sound works:

dot dot dot harp, 2022 - https://soundcloud.com/jamespcox/dot-dot-dot-harp

boiling, 2021 - https://soundcloud.com/jamespcox/boiling



ddewcdshschsdhhdhdhdhdhdhdhdhdhdhdhdhdhdhdhd		
worry don't worry so sorry so sorry you worry sorry hello Water spitting the edges of the pan limescale building up at the edges of the pan		
Water steam rising from the pan		
Water reducing in the pan		
Gas ring under the pan		
From the par / of the pan/ in the pan/		
500 millilitres of water boiling dry half a litre of water boiling dry inside the pan out side the pan around the pan		
Passing through the pan/ passing the edges of the pan knew line passing inside the pan/ the passing of the pan		
Passing outs de the pan/ passing from the pan		
The window is open so I'm conscious of the sound that will be picked up / the menta structure that boiling the water creates Waiting for the pan to boil dry		
The window has to be opened or too much condensation will build up		
The glass is clamp		
Anxiously passing around	sorry	/ anxiously pacing
around as quet as I can		
Anxiously whiting for the		o boil lry waiting
for the boiling dry		ng for the boiling
dry waiting for the		og dry waiting for
the boiling dy waiting		e boil ng dry
waiting for the boiling		aiting for the
boiling dry vaiting for		oiling lry waiting
for the boiling dry waiting for the bo		

His focus then returned to the choral voices as they were much clearer without the fog. They were coming from the city. Travelling over the water by the breeze, to his ear, to his mind, the sound offered itself to him, and for reasons not yet clear to himself, he knew the sound sung a solution. With that, he moved forward, placing one ballet shoe in front of the other and making his way toward the city. It was with this motion that he felt that something for him had started, and he felt exposed.

Again, the chorus sang to him.

Rise and Be Just Unknown for Now Just Unclear for Once Just Now for Now

... that follows, leads, becomes ... that follows, leads, becomes ... that follows, leads, becomes ...

The words rested softy on his mind and he wanted more, but as quickly as the words started, they ebbed away and returned to wordless, purring notes. There was joyfulness in their voices like they relished the very act of producing sounds from the vibrations in their mouths and throats, and the interplay between them was a gift. Yet, it was not a disorderly mess. There were basses, sopranos, altos, tenors and falsettos represented, and they each respected their roles without hindering their peers.

Again, the chorus called to him.

Rise and Be
Out of your head
With These Present Voices
Forever Just Sounding
Its End there at the Beginning

... that follows, leads, becomes ... that follows, leads, becomes ... that follows, leads, becomes ...

The chorus was drawing him, helping him with his balance on the tightrope and introducing him to the city. What he saw was a city broken up into smaller sections, each treading water and intersected by canals and bridges. On these sections, buildings were antiqued, styles had not aged well, paint had become worn and discoloured, and door-frames low. There were many churches from many denominations overlapping, and closed market stalls that when open sold nostalgia. The city was in the latter of its life: new things did not appeal and comfort had taken hold.

It was still early morning when he reached the end of the tightrope, and before going any further, he stood and considered what it meant to finally reach land. Solid ground presented itself in front of him, yet the motion of the rope had become familar, safe even. Everything that would come next would be new, he would be forced to consider his place, and he felt conflicted.

However, the sound pulled him, and he climbed onto the bridge and stood there for a moment, as a phantom bob and bounce remained. He crouched down low, placing his hands to feel the cold of the stone and waited for it to subside. After a few elongated breaths, his legs accepted the new ground and he was ready to move. He followed the sound of the chorus, which lead him onto a wide promenade, which stretched ahead, interrupted by more stone bridges. The vivid sun shone on the stone and exposed the dew of morning, which his thin ballet shoes drew in, making his feet damp.

You forget a sensation like this, he thought. Images of early mornings waking up camping flickered for a moment in his head and his heart panged.

a tightrope

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it this is starts with the beginning of a sense of something one inside one a fashion sense maybe to one outside one yet still attached by touch then through tactile moments and transitional objects but it's more something deeper something inner and outer the mother's breast to the blanket to the toy something uncanny one learns to experience it's there as one alone on the tip of the bed one transitions from the internal to the external in the carpet and in the carpet burn the process begins a balance established to constantly shift in every pillow you've ever slept on always repeating and reversing in all the blankets and sheets you've comforted and warmed yourself under sometimes others make the choice your morning choices it's behind it's baby pink and baby blue the clothes that give you comfort behind it's the former for the boy and the latter for the girl the clothes you hide behind or within or vice versa it's they, as identifiers, forming your masculinity and femininity and return to regardless of gender or sex it's in the moment of changing vulnerable or not it's you seeing yourself in the clothes of others in the drag and the relief the fabric and the clothes and the fabric of the clothes the that draws your attention and stays with you continuation of the one inside one that you will forever to the one outside one either think about consciously or have in the back of your mind the learning to experience an extension a daily reminder of the internal and external balance shifting the one outside learning to experience as one alone it's influenced by others and then by you for others then you the you as in the one outside one now alone